

				<p>PE.07.731 Develop strategies to communicate ideas and feelings</p> <p>A. Demonstrate cooperation with peers of different backgrounds through verbal and nonverbal behavior B. Consider the consequences of various choices and make a responsible decision when confronted with negative peer pressure</p>			
				<p>PE.07.732 Demonstrate inclusiveness in and out of classroom setting</p> <p>A. Seek out participation with and show respect for a peer with varying skill ability B. Participate in group cooperation games and adventure activities to encourage team building and fun C. Modify a game to allow all members to participate D. Recognize the role of physical activity in getting to know and understand others of similar and different backgrounds</p>	<p>PE.07.741 Implement safety procedures in utilization of space and equipment</p> <p>A. Identify and participate in safe warm-up and cool-down activities B. Review components of safe participation and what makes a safe environment C. Follow the rules of activities to maintain safe playing conditions D. Describe safe and unsafe practices for different physical activities</p>		
				<p>PE.07.711 Combine the critical elements of movement and skill concepts</p> <p>A. Design and perform dance sequences that combine traveling, balancing, and weight transfer into smooth, flowing sequences with changes in direction, speed and flow B. Cooperate with another student to create, develop, and refine movement routines based on a theme C. Create a game, movement, dance or sport with a group D. Identify and describe key elements in the mature performance of sport specific skills E. Analyze movement patterns and correct errors F. Use principles from motor learning (part vs. whole) skill development to establish, monitor and meet goals G. Compare and contrast the effectiveness of part vs. whole in skill development H. Diagram and demonstrate basic offensive and defensive strategies for individual and dual physical activities I. Develop an individual or dual game that uses a manipulative skill, two different offensive strategies, and a scoring system, and teach it to another person</p>	<p>PE.07.72D Adjust personal goals to reflect growth and improvement needs in health related fitness</p> <p>A. Organize and maintain a physical activity log B. Set and adjust new personal goals to reflect improvement of health related fitness C. Design a basic fitness plan that includes all health related components of fitness</p>	<p>PE.07.73D Demonstrate cooperative participation with a positive attitude in group and/or individual activity</p> <p>A. I can demonstrate respect for a person who is officiating/leading an activity B. I can participate fully with a positive and productive attitude and effort within a group or individual setting C. I can show respect for an activity and the equipment</p>	<p>PE.07.74D Prepared with proper athletic attire</p> <p>A. I can dress out daily in the appropriate P.E. attire</p>
Movement Skills (.01)	Manipulative Skills (.02)	Movement Vocabulary (.03)	Games/Activities Skills (.04)	Lifelong Fitness (.05)	Sportsmanship (.06)	Safe and Responsible Behavior (.07)	
Movement, Competence and Understanding				Physical and Personal Wellness	Emotional and Social Wellness in P.E.	Prevention and Risk Management in Physical Education	